International Week 2016
June 6th - 10th
„Diversity: the future of health and social care“
Catholic University of Applied Sciences Freiburg
Welcome

Dear guests, dear colleagues,

Welcome to our international week, here at the Catholic University of Applied Sciences in Freiburg.

Diversity: the future of health and social care has been chosen as this year’s motto. Diversity as such is not only relevant for the future of health and social care. Diversity can also be seen as a phenomenon that becomes visible throughout the week of international activity.

It brings together people from diverse ethnic backgrounds, gender and sexual identity, people of all ages, different religious backgrounds and world views. It is the meeting place for different personalities with diverse perception and competence, with different value systems and backgrounds.

This diversity is a chance and resource to help us extend our perspective and stretch our knowledge so that we can find new and creative solutions in joint team efforts. Naturally, we should never underestimate the challenges that lie within such diversity: Diversity could easily become a communicational impediment, it can cause conflict and inhibit cooperation and consensus.

Let’s try to rise above these challenges in the week ahead of us. I wish all of us an inspiring week with lots of space for personal exchange to discuss diversity in all its facets.

Edgar Kösler
Rector
Good to know

• For your convenience, the full and updated program is available on a separate sheet.

• There is no registration for lectures / workshops. Please show up on time at the assigned venue.

• Students are here to help with your queries. Watch out for the university t-shirts in deep wine red.

• In case of an unforeseen emergency, please contact the university’s help desk (“Infothek”) in house 1.
Dates and Times

Important Dates and Times

Monday – Friday, June 6 - 10

9:45 – 11:15 am  Lectures / workshops
11:15 – 11:30 am  Intermission
11:30 – 1 pm  Lectures / workshops
1 – 2 pm  Lunch break
2 – 3:30 pm  Lectures / workshops
3:30 – 3:45 pm  Intermission
3:45 – 5:15 pm  Lectures / workshops

Monday, June 6
10 am  Get together
11 am  Welcome by the rector, Prof. Dr. Edgar Kösler
3:45 pm  City tour
         Meet in front of the town hall (“Rathausplatz”)

Friday, June 10
1:30 pm  Farewell by Prof. Dr. Nausikaa Schirilla followed by a snack

Campus and Venues
<table>
<thead>
<tr>
<th>Name</th>
<th>University</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alonim, Hanna</td>
<td>The Mifne Center &amp; Bar Ilan University</td>
<td>Israel</td>
</tr>
<tr>
<td>Bloem, Retha</td>
<td>North-West University</td>
<td>South Africa</td>
</tr>
<tr>
<td>Bokoch, Rebecca</td>
<td>Alliant University</td>
<td>USA</td>
</tr>
<tr>
<td>Burrowes, Jeff</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>Clausen, Jens</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>de Moor, Thijs</td>
<td>HAN University Nijmegen</td>
<td>Netherlands</td>
</tr>
<tr>
<td>Doron, Elia</td>
<td>The Academical Arb Collage for Education</td>
<td>Israel</td>
</tr>
<tr>
<td>Düsch, Elke</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>Effelsberg, Winfried</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>Federman, Dita</td>
<td>University of Haifa</td>
<td>Israel</td>
</tr>
<tr>
<td>Graack-Larsen, Jacob</td>
<td>UCC University College</td>
<td>Denmark</td>
</tr>
<tr>
<td>Greenman, Paul</td>
<td>Université de Quebec</td>
<td>Canada</td>
</tr>
<tr>
<td>Hampe, Ruth</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>Hass-Cohen, Noah</td>
<td>Alliant University</td>
<td>USA</td>
</tr>
<tr>
<td>Himmelsbach, Ines</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>Iamandescu, Ioan</td>
<td>University of Medicine and Pharmacy &quot;Carol Davila&quot;</td>
<td>Romania</td>
</tr>
<tr>
<td>Kricheldorff, Cornelia</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>Martiny-Brun, Asger</td>
<td>UCC University College</td>
<td>Denmark</td>
</tr>
<tr>
<td>Millhagen, Katrina</td>
<td>Queen Margaret University</td>
<td>UK</td>
</tr>
<tr>
<td>Nieuwenhuizen, Wim</td>
<td>Hanzehogeschool Groningen</td>
<td>Netherlands</td>
</tr>
<tr>
<td>Opatrný, Michal</td>
<td>University of South Bohemia in Ceske Budejovie</td>
<td>Czech Republic</td>
</tr>
<tr>
<td>Petriuk Iryna</td>
<td>Jurij-Fedkowytstch University</td>
<td>Ukraine</td>
</tr>
<tr>
<td>Pfeifer, Eric</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>Roesler, Christian</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>Roth, Maria</td>
<td>Babes-Bolyai University Cluj</td>
<td>Romania</td>
</tr>
<tr>
<td>Rotthem, Hanan</td>
<td>The Academical Arb Collage for Education</td>
<td>Israel</td>
</tr>
<tr>
<td>Schirilla, Nausikaa</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
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<tr>
<td>Schwab, Jürgen</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
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<tr>
<td>Schwarz, Henriette</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
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<tr>
<td>Sulman, Hanneke</td>
<td>Hanzehogeschool Groningen</td>
<td>Netherlands</td>
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<tr>
<td>Susono, Hitoshi</td>
<td>Mie University</td>
<td>Japan</td>
</tr>
<tr>
<td>Svoboda, Rudolf</td>
<td>University of South Bohemia</td>
<td>Czech Republic</td>
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<tr>
<td>Welsche, Mone</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
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<tr>
<td>Wigger, Monika</td>
<td>Catholic University of Applied Sciences Freiburg</td>
<td>Germany</td>
</tr>
<tr>
<td>Yaniv, Dani</td>
<td>University of Haifa</td>
<td>Israel</td>
</tr>
</tbody>
</table>
In alphabetical order

Alonim, A. Hanna

The Mifne Center Treatment for Autism in Infancy

Background
The Mifne Center has pioneered the treatment of infants and toddlers with autism and their nuclear families since 1987. The therapeutic approach is based on attachment theory and family therapy, and provides treatment at an age when the infant's brain is undergoing rapid change and development. Since autism influences each of the family members, therapeutic intervention within the family, and the acquisition of coping skills, can lead to significant changes in the infant's thrive.

Therapeutic Framework
1. Three-week intensive family system treatment
2. Aftercare treatment in the family home under supervision.
3. Integration in kindergarten with accompanying supervision.

The therapeutic approach is holistic and combines medical, biological-mental, socio-psychological, and environmental aspects.

Reciprocal Play Therapy
The treatment program focuses on the entire range of the infant’s developmental components – physical, sensory, motor, emotional, and cognitive. The Mifne Center has developed its own core treatment intervention called Reciprocal Play Therapy. RPT is designed to help the infant discover the sense of self and the pleasure of human contact, and to stimulate the infant’s motivation to engage in social interaction.

Parental Participation
Parental participation in therapy is a core component of the therapeutic intervention. Parents are empowered to ask themselves questions and enable them to provide the answers to their dilemmas. Feedback sessions are provided to the infant’s parents in order to facilitate their internalization and implementation of therapeutic insights and behaviors in their daily lives.

Education and Research
Data is an integral part of the work in the treatment room. The material is an educational resource for parental feedback, staff training, as well as for ongoing research. The Center also acts as a site for training of therapists affiliated to the Bar Ilan University. Research is conducted on different aspects of early detection and intervention for infants with autism as well as family resilience and mental wellbeing.

Presentation will be accompanied by a video film.

Alonim, A. Hanna

Identification of Autism Prodrome in Infants and Implications of Clinical and Treatment Follow-up Evidence (Workshop)

Background
Most recent research findings indicate that genetic and neurological factors associated with environmental aspects influence the phenomenon of autism, has highlighted by current Epigenetics aspects. However, many parents report; "Until the age of one year old my child developed properly and then there was a regression". Does the clinical picture really change?

Objectives
A study conducted over the last decade examined 110 infants diagnosed with autism at the age of 2-3 years, using retrospective analysis of parents’ video-recordings of their first years of lives, indicated that 89% of the infants originating from different cultures, exhibited prodrome of autism during the first year of life. This study was followed by a
current study, to examine the progress of infants up to 24 months old and toddlers up to 36 months old, which went through an intensive treatment.

**Methods**
The study followed the progress of two groups: a. 39 toddlers aged 2-3 years b. 45 infants aged 1-2 years. The infants were referred to the Mifne Center by medical clinics in Israel, Europe and the US. Evaluation Scale analysis, video-records, parents’ questionnaires and therapists’ reports investigated 4 categories: engagement, communication, play and functioning, before treatment; during intensive treatment; and after 6 months.

**Results**
Findings show that the progress in the younger group was far greater and far more significant for all studied categories. Group a: 36.0% of the toddlers treated after age 2 developed in accordance with peer group; Group b: 88.3% of the infants treated before age 2 developed in accordance with peer group.

**Conclusions**
Recent clinical and brain science studies, including this current study, provide evidence affirming the influence of early environmental manipulation on the very early development stages of the brain. The screening scale ESPASI was developed in order to address the need of early detection, and will be presented by Clinical implications and video features.

**About**
Hanna A. Alonim, Ph.D. in Mental Health is an expert in developmental disorders of the autism spectrum. She is the founder and director of the Mifne Center for treatment, training, and research since its inception in 1987. She developed the screening scale ESPASI for the identification of early signs of autism in infancy and established the unit for the detection of autism in infants at the Tel Aviv Sourasky Medical Center.

Dr. Alonim is the Head of the Therapists Training School for Autism at the Bar Ilan University. She is a member of the Helsinki Research Committee at the Ziv Medical Center, Safed. Her papers relate to the issues of early signs of autism; detection and treatment of infants at risk; family factors and family therapy in autism; and eating disorders in toddlers with autism, which have been presented worldwide.

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**Bloem, Retha**
**Promoting diversity in social care, using community maps as tool in exploring strengths and challenges in families**

Stable, healthy families are at the heart of strong societies. It is within the family environment that an individual's physical, emotional and psychological development occurs. The absence of a stable, nurturing family environment has a profoundly damaging impact on the individual, often leading to behaviour which is profoundly damaging to society. In this workshop participants will learn more about diversity, recognizing diversity and how to unlock strengths and challenges in families in using community maps as tool in order to help the family to a flourishing family life in general.

**About**
Retha Bloem is a Professor and chair at the Centre for Child Youth and Family Studies, North West University, Potchefstroom Campus in South Africa.

Retha completed her Ph.D. at the University of Pretoria in Social work. Her research interests lies in the area of creative arts therapy, child and youth care, woman’s issues and community engagement from a participative action research approach.
Bokoch, Rebecca and Noah Hass-Cohen
Mindfulness Art Psychotherapy Approaches to Working with Children and Families: An Art Therapy Relational Neurobiology Lecture (presentation and workshop)
(abstract see Hass-Cohen)

About Rebecca Bokoch
Rebecca has developed several mindfulness-based art therapy curriculums for working with children and families. Rebecca works in a school-based counselling program and in private practice. She is also trained in Mindfulness Based Stress Reduction (MBSR) and her additional specialty is in infant and child mental health. Rebecca has experience teaching master’s level marriage and family therapy courses. She has also presented on topics such as: sibling therapy, mindfulness, and private practice. Rebecca is the founding director of the CSPP Art Therapy Club, where she coordinates expressive arts experiential workshops. Rebecca is a marriage and family therapist intern in the state of California, and a doctoral student at California School of Professional Psychology at Alliant University in Los Angeles, where she received the Jan Cone Award for her academic, clinical, and professional contributions.

Burrowes, Jeff
What are 'caring' and 'wellness'? How are these two terms understood and applied in the English-speaking world?

In this presentation, these interesting concepts will be explored and their significance and importance for today's health care system discussed.

About
Born in Australia

10 years experience as full-time English teacher (in 2007: Japan, from 2008: Germany), TEFL qualification

Over 10 years work experience in nursing (intensive care in hospital with 500 beds in Australia)

'Bachelor of Nursing' and 'Postgraduate Diploma in Intensive Care Nursing', Melbourne University and La Trobe University, Melbourne, Australia

Clausen, Jens
Community Based Rehabilitation
T.b.a.
de Moor, Thijs

Shared Looking: An exploration into the experience of forensic psychiatric patients participating in an open studio in the male only prison de Pompekliniek.

Art therapy treatment in the forensic facility at the Pompekliniek in Nijmegen, the Netherlands, is where patients who have committed serious offences and suffer from psychotic and/or personality disorders are treated. The art therapy studio at the Pompekliniek provides a holding and containing environment where both the patients and therapist can gain new insight into art therapeutic processes. The use of artistic material and the therapeutic process act as a vehicle for a better understanding of the forensic patient. I will describe how art-based interventions and art-based inquiry provide new possibilities and opportunities for art therapeutic treatment in forensic psychiatry.

Especially within the context of forensic psychiatry it’s urgent to have ‘open space’ in art therapy treatment. The non-verbal and forensic patients to explore daily life issues in the here-and-now situation. By playful methods and techniques characteristic for art therapy make it possible for experiencing and exploring distance and proximity it is possible to activate patients in a safe way to work on problem areas so they can find better alternatives to cope in life.

About

International Coordinator and Senior lecturer in art therapy methods at HAN University Nijmegen, NL, and visiting lecturer at Queen Margaret University, Edinburgh, UK

Studied at Queen Margaret University (MSc Art Psychotherapy), KH Freiburg (International Master Arts Therapies), and HAN Nijmegen (BC Art Therapy)

Doron, Elia

Healing for the Inner-child utilizing expressive art therapy

The purpose of this workshop is to experience healing for the Inner Child, with plastic art. (Elia, 2000). The art in this case is not intended to serve as "means to an end", but helps the process of "touching" the Vision of healing the inner child. In this workshop we shall express the possibility of generating special conditions for experiencing healing by plastic art, which facilitates a model for touching some qualities of the "inner child" within the adult – qualities such as flexibility, fluency and originality as part of creativity (Torrance, 1997).

The truth about the human species is that in body, spirit, feeling and conduct we are designed to grow and develop in ways that emphasize rather than minimize childlike traits.

Every person holds a child within him/herself; a child who had lost his box of surprises, dreams, freshness and the ability to renovate, which is so typical of children.

In the Workshop we shall try to experience healing for the” disturb child" which was hurt in childhood.

About
Artist- painter and sculptor, Counselor Psychologist, Art Educator.

My art work address:
https://www.flickr.com/photos/doronelia/
Düsch, Elke

Diversity - an economic approach

The reasons and the expected economic benefits of diversity will be taken under considera-
tion. How can these effects be measured? Facing the demographic development; what
does diversity mean, especially to the health care sector? What are the challenges hospi-
tals, etc., have to deal with and can diversity be part of the solution?
We will try to answer and discuss the answers to these questions in this presentation.

About
Studied business administration and psychology at the Universities of Trier and Aachen.
Working as a business consultant in the health care sector, currently professor of econom-
ics of social and health care at the Catholic University of Applied Sciences in Freiburg.

Effelsberg, Winfried

Diversity and Health – Different Cultural Answers to Identical Health Needs in the Health
Promotion Perspective of the “Res non naturales” Concept

In antiquity, the so called six “Res non naturales”, i. e. non-natural things, described universal biological or health
needs that are not automatically met by the body, such as eating and drinking, sleep and wakefulness, sex, and the
expression of emotions. It is our culture, modified by the individual makeup, which guides everybody’s behaviour in
these matters. When we eat, how much and what we eat, what we drink, where and in whose company, how we meet
our sexual needs, our need to sleep and be active, or our need to express our emotions, depends on our historical
and cultural situation. Thus, diversity in health in this perspective means a range of basic behaviours that can differ
enormously between individuals and groups. Examples from European history and cultural sub-groups as well as
from other cultures are given. The health sciences ask how far the different behaviours promote or hinder a long and
healthy life. Thus, the “Res non naturales” concept offers a structure for health promotion.

About
Born in Frankfurt am Main, Studies of medicine at Gießen, Würzburg and Freiburg universities, ethnology in Freiburg,
public health at Johns Hopkins, Baltimore. Medical specialization as psychiatrist at Freiburg university hospital and
public health in Düsseldorf, work at Offenburg and Freiburg offices of public health, currently professor of social medi-
cine.

Federman, Dita

In Movement and Sound: the future for Neurodegenerative diseases

Recent developments in psychoneuroimmunology and neuroscience research support the notion that reducing
stress and enhancing well-being and quality of life might constitute a protective factor against disease development,
and particularly so, in Parkinson's disease (PD).

Dance Movement Therapy (DMT) is a modality of psychotherapy offering an alternative language for self-expres-
sion, which is symbolic and non-verbal. It combines movement and music, words and body awareness with the aim of
promoting physical/emotional integration. The patients' body in DMT constitutes both diagnostic and therapeutic tools.

Previous research shows that DMT as an intervention model is effective in enhancing quality of life, reducing stress
and improving motor abilities in Parkinson's disease patients. It has also been shown to reduce depressive symp-
toms. The use of rhythmic stimuli and music has proven useful in a variety of contexts addressing social, psychologi-
cal and cognitive functions. It improves symptoms of depression, anxiety and increases quality of life. DMT signifi-
cantly improved coping skills, social interaction and symptoms of emotional distress in PD patients. A significant im-
Improvement in balance, posture & coordination was observed following DMT. Numerous studies have pointed to entrainment to musical rhythm as an important factor contributing to the organization of movement in these patients. Studies using a variety of musical stimuli have consistently shown significant improvements in several parameters of movement and especially gait, in Parkinson's disease.

The purpose of this lecture / workshop is:
1. To integrate knowledge and examine the value of DMT in both the physiological and psychological aspects of the disease.
2. Demonstrate the effectiveness of DMT on debilitating characteristics associated with PD.
3. Present a proposed model of intervention.

About
Dita Judith Federman, PhD is an accredited Dance Movement Therapist, psychotherapist, senior researcher at the Emili Sagol C.A.T. Research Center, of the graduate school of the arts therapies, University of Haifa, lecturer and supervisor. She has years of experience within psychiatric settings, children, adults and geriatric population. Dita studied Psychology and Expressive Arts Therapies she received her PhD in Human &Life Science from the University of Surrey, U.K. Dr. Federman has established DMT in the Psychiatric setting of ‘Rambam’ Hospital, in Haifa. Since 2008 Dr. Federman has been Head of the DMT training at the Grad. School of Creative Art Therapies, University of Haifa, she presents her experience in a Europe, Asia and the USA. Her areas of interest are Neurodegenerative disorders, movement, memory, Trauma, 'Mindfulness' and stress management.

Graack-Larsen, Jacob and Asger Martiny-Brun
Dealing with gender, sexuality and diversity in education and beyond (workshop)

In this workshop we will focus on gender- and sexuality-related differences. We will look at concepts like normality/deviation, essentialism/construction, power/equality etc. During the last year and a half we have been teaching the subject ‘Gender, sexuality and diversity’ at the University Colleges in Denmark and I will give a brief introduction to the main themes we touch upon and the central discussions we meet among our students. After the introduction students will be invited to participate in group discussions concerning gender/sexuality related topics that they have met in their own educational practice. To wrap it up we will watch a short TED-talk presentation and have a final discussion in plenum.

About Jacob Graack-Larsen

EDUCATION: Social educator / Cand. Mag. (Master) in Educatinal Studies – University of Copenhagen

OCCUPATION: Teacher/ adjunct at University College Capitol (UCC) – Department Sydhavn
Teacher/ facilitator with the political think-tank CEVEA

FORMER OCCUPATION: Head of an integrated nursery/ kindergarten 0-6 years in one of the so-called ‘Ghettos’ of Copenhagen
Beyond that I’ve been working as a social educator, I’ve written articles on gender to professional magazines and newspapers in Denmark, and at the moment I’m working on establishing an education focused on ‘gender, sexuality and diversity’ aimed at social educators already working in nurseries and kindergartens in the Copenhagen Area.
Greenman, Paul
The Integration of Emotionally Focused Therapy (EFT) for Couples into the Primary Health Care System in Canada

One of the distinguishing features of the Canadian health care system is the considerable autonomy given to each of the ten provinces and three territories. The governments of each of the ten Canadian provinces and three territories are ultimately responsible for the administration and provision of health care to their citizens, with the federal government establishing national criteria for the quality of care and the efficacy of service delivery.

Within this context of improving access to appropriate health care in a timely fashion, a number of provinces (e.g., New Brunswick, Ontario, Québec) have developed interdisciplinary models of primary care that involve the collaboration of professionals of a wide variety of backgrounds in a single setting. These include physicians, nurses, psychologists, social workers, physical therapists, kinesiologists, and other health care professionals. “Primary care” services encompass virtually all non-urgent medical care.

The goals of this lecture will be to 1) give a brief overview of the Canadian Health Care System and the interdisciplinary models that are becoming increasingly popular in Canada, 2) to discuss the basic tenets of Emotionally Focused Therapy (EFT) for couples and its usefulness in interdisciplinary medical settings, and 3) to present data on the impact of EFT on the management of medical problems such as diabetes, heart disease, and post-partum depression. A case presentation will illustrate the integration of EFT into primary care.

Greenmann, Paul and Christian Roesler
Implementation of couple interventions in the social welfare and the health care system - international perspectives
(abstract see Roesler)

About Paul Greenman
Dr. Greenman is a full-time professor of clinical psychology at the Université du Québec en Outaouais (UQO) in Gatineau, Québec, Canada. He is also a practicing clinical psychologist at the Ottawa Couple and Family Institute (OCFI) and is a member of the clinical health psychology team at the Montfort Hospital in Ottawa, Ontario, Canada. Over the past decade, Paul has been heavily involved in the teaching and supervision of Emotionally Focused Therapy (EFT) for couples at the Montfort, at the Psychological Services Clinic of the UQO, and at the OCFI. He received his certification as an EFT Trainer in 2014. Dr. Greenman has a strong interest in the application of psychological treatments to patients in medical settings. He has been the principal author of and a major contributor to a number peer-reviewed articles, book chapters, and presentations at scientific conferences on the process and efficacy of EFT for couples; on the impact of psychological treatments on the management of chronic physical illnesses; and on emotional and interpersonal development.

Hampe, Ruth
The meaning of voluntary work in the fields of health care and social affairs

Referring to an example in Mexico the meaning of voluntary work in the fields of health care and social affairs will be introduced and discussed. Nowadays refugees coming to Europe - and especially to Germany - give us the need to extend voluntary work and to think about new ways in supporting a practical solution. In that regard different ways of practices will be presented and looked at from the perspective of inclusive education.
About

Professor for rehabilitation and art therapy at the faculty of Inclusive Education at the Catholic University for Applied Sciences Freiburg, leading the supplement art therapy in the bachelor inclusive education

Qualification: education and cultural psychology, grad. art therapist, psychotherapist for children and adolescent, psychotherapist for guided affected imaginary,

Chairwomen of the German section in the International Association of Art, Creativity and Therapy (www.deutsche-sektion-igkt.de), in the board of the German Association of Arts Therapies (DGKT)

Hass-Cohen, Noah & Rebecca Bokoch

Mindfulness Art Psychotherapy Approaches to Working with Children and Families: An Art Therapy Relational Neurobiology Lecture (presentation and workshop)

This lecture presentation will cover the basics of the Four Foundations of Mindfulness and Mindfulness Based Stress Reduction (MBSR) practice. The presentation will emphasize art-based systemic interventions that integrate tenets of mindfulness and self-compassion for working with children and families in a school setting. Empirical research on the application and underlying neuroscience of mindfulness practices will also be reviewed.

Participants will learn at least four clinical interventions that they can use for populations that they work with, or for their own personal or professional development.
Participants will understand neurobiological underpinning of mindfulness
Participants will learn about empirical research on the application mindfulness practices.
Participants will be able to articulate six art therapy relational neuroscience principles and how they apply to mindfulness.

Hass-Cohen, Noah

Memory Reconsolidation and Art Psychotherapy: An Art Therapy Relational Neuroscience Approach

The first hour of this course will cover the biological basis of memory reconsolidation and its implications for psychotherapy, specifically art psychotherapy. Understanding how individuals process information is critical for effective treatment. This because how episodic or intrusive memories are encoded and contextualized into long-term memory, can alternatively disrupt or enhance the individual’s autobiographical sense of self and consequently their daily life, relationships, and future.

Researchers and clinicians now know that when retrieving memories there is an opportunity to change them. In fact, as people recall memories some of the neurochemicals that bind them are loosened, making the old memories unstable and pliable. Current forms of therapy rely heavily on extinction, contextual and phasic trauma-based treatment for decreasing the impact of fear-based memories. However, many times functions of central areas of the amygdala, the brain’s fear center, inhibits the long-term effectiveness of such change. More recently, findings from clinical neuroscience suggest that within a brief period, updating fear-based memories with non-fearful information leads to a permanent reduction in previously learned fear responding, and a lasting change in the original fear memory. Such memory reconsolidation may have significant implications for the treatment and perhaps prevention of PTSD.

In this presentation, I will be discussing the neurobiology of memory based-systems, and highlight how art therapy relational neuroscience (ATR-N) CREATE principles (Hass-Cohen, 2008) are foundational to arts-based reconsolidation efforts.
The experiential portion of this three hour presentation will include an art therapy relational neurobiological (ATR-N) complex posttraumatic stress disorder (C-PTSD) directive. For two hours participants will experience a sequence of directives, “Check, Change and/or Keep What You Need or Want,” which is informed by proven trauma treatment approaches and the neurobiology of C-PTSD and resiliency. Established emotional and physical safety, as well as a strong sense of control and relational connectivity, are critical to successful trauma processing, and building adaptability and resiliency. Check provides an opportunity for reconsolidation of autobiographical memory and for processing of the traumatic memory, needed for relapse prevention. The art making provides the opportunity for integrated sensory non-verbal and contextual verbal processing. An ATR-N Check case study illustrates how these premises come together. The interventions are part of CREATE an ATR-N approach. The publication on this article (Hass-Cohen, 2014) has received the American Art Therapy Journal best article of the year award. A list of materials will be provided by the presenter.

About
Faculty at California School of Professional Psychology at Alliant University in Los Angeles, Noah has developed a theoretical model for art psychotherapy. In her publications, and national and international presentations, she explores the advantages of therapeutic art making from integrated interpersonal neuroscience perspectives. Her art therapy relational neurobiology model serves as base for her presentations, writing and clinical work.

Noah is a Mindfulness Based Stress Reduction (MBSR) teacher and she is trained in, Mindfulness Based Cognitive Therapy for the remission of depression and Mindfulness Self Compassion. She incorporates mindfulness arts practices in her clinical work with children and adults. In her most recent publication she devotes three chapters to the integration of art psychotherapy and mindfulness.

Himmelsbach, Ines and Cornelia Kricheldorff
Social gerontology – a horizontal issue for the future society
(abstract see Kricheldorff)

About Ines Himmelsbach
- Professor for Social Gerontology
- Doctorate in Educational Sciences
- Expertise in qualitative research methods

Research topics:
Age-related change and dealing with impairments in later life

Iamandescu, Ioan
Music-psychodiagnosis test - a personal tool for analysing musico-psychological isomorphism

Purpose: The study aims to evaluate psychological reaction to listening music of healthy subjects. Such information is useful for completing the psychodiagnosis in the field of mental and affective domain, and especially of introversion and communication capabilities of the subjects.

Procedure:
Participants have to fill out the music questionnaire (MQ) after listening to each music piece: to tick the emotional and somatic items of MQ. After music audition and MQ filling they give responses to the investigator regarding their interpretations of the content of musical message of each piece referring to their thoughts / drafts and feelings, but also every mental image (sometimes real scenarios) provoked by audition of each music piece.

Conclusion: The test has not only a diagnosis value, but a therapeutic (cathartic) effect, too.
About

Born in Bucharest, Romania, Dec. 11, 1942. Graduate in Medicine - Carol Davila Medical University (1967), and Psychology-Bucharest University (1974). PhD from 1980. Founder of Medical Psychology Chair (1993) at Carol Davila University (UMFCD) and of Romanian Psychosomatic Society (2004) -in present its Honorary President. Allergist and researcher and professor at Medicine Faculty and private Psychology faculties, author (single or editor) of 24 books, ca 280 papers in the fields of allergology, medical psychology and psychosomatics, psychoneuroallergology (first monograph at international level - 2ditions,1998 and 2007), and music-therapy. In present, professor of PhD students (Medical Psychology speciality) at UMFCD.

Kricheldorff, Cornelia and Ines Himmelsbach

Social gerontology – a horizontal issue for the future society

A lot of western countries and especially Germany are facing multiple and intense challenges and opportunities due to demographic change. Countries are growing older in a heterogeneous and manifold way. This paper highlights those changes and elaborates how Social Gerontology as an interdisciplinary and multifaceted discipline within the social, cultural and health sciences can describe and interpret those changes within ageing societies and the individual ageing process. We will point out how gerontological knowledge can be of interest and relevance for practical issues as well in social work as in care studies and special education.

About Cornelia Kricheldorff

Positions in the University:
• Vice Rector for Research and Further Education
• Director of the Institute for Applied Research, Development and Training (IAF)

Studies and Degrees:
• Dr. phil.
• University Diploma in Social Gerontology
• University Diploma in Social Education and Social Work

Martiny-Brun, Asger and Jacob Graack-Larsen

Dealing with gender, sexuality and diversity in education and beyond (workshop)
(abstract see Graack-Larsen)

About Asger Martiny-Brun

EDUCATION: Anthropologist (cand.scient.anth) from the University of Copenhagen, drama pedagogue and psychotherapist.

OCCUPATION: Teacher/ adjunct at University College Capitol (UCC) – Department Sydhavn.

FORMER OCCUPATION: I have studied and worked with forum theatre, roleplays and other aesthetic practices as methods for learning. I have facilitated workshops with young people on a variety of issues, namely on gender, sexuality, ethnicity, cross cultural understanding and social change. In collaboration with Jacob and other educators I am working to establish an education focused on ‘gender, sexuality and diversity’ aimed at social educators already working in nurseries and kindergartens in the Copenhagen Area.
Millhagen, Katrina  
**Spirituality in the therapy room**

The lecture on spirituality in the therapy room involves a therapeutic attitude and a stance which encompasses a clear and thoughtful containment of a session by the therapist. It emphasises that a session can be seen as a creative process which develops between human beings over time and which can potentially transcend the words and content within it, in order to explore the dimensions which are fundamental to the interactional emergence of the mind. The primary focus of the lecture is on relationality and the impact of art works on this process, with reference to their potential for enabling implicit relational knowing and embodied relating. This process can be further extended through various ways of viewing and holding in mind what is presented in the therapy and through focusing on the images that are created in the process. The consequent encouragement of the development of professional individuation can produce further benefits for both clients and therapists.

The lecture does not refer specifically to the issue of religious belief. It examines how our clients often manifest a sense of being cut off from experiences and find it difficult to relate to themselves and others. It also explores ways in which establishing more effective relating in mind and body may be especially beneficial.

*About*

Katrina Millhagen MA& Dipl. Art Therapy, BSc Sociology.  
Art Psychotherapist with 29 years’ experience - clinical work in several community settings, a Community Mental Health Team, private practice and teaching in postgraduate art therapy training in Edinburgh.

Interests include the role of art psychotherapy as a way towards a rediscovery of an inner autonomous self, evidence based practice in an art therapy service, our toolkit based on art work and the stance of the therapist and relationality in the therapy room.

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Nieuwenhuizen, Wim  
**Relevance of Internationalization and Interculturalisation of social work**

T.b.a.

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Opatrný, Michal  
**Postmodern Issue of Social Work: Community Work or Social Services?**

The lecture is based on current discussion about the economization of social work by the system of social services. The economic attitude to social work, however, has been failing recently due to the cuts in public spendings. In this context, therefore, we ask whether social work will still be needed in future because those who have enough money will not need it, and the poor won’t be able to pay for it. And so in the emerging postmodern age there emerges an old method of social work, which again brings up the actors of primary sociability, such as community work. The lecture will therefore also present current best practice examples of community work.

*About*

Assoc. Prof. Dr. Michal Opatrný is Head of the Department of Ethics, Psychology and Charity Work. He pursues community work, social pastoration and the interactions between charitas-theology and social work – especially negative influences of faith on helping process.
Petriuk, Iryna (with Incoming student Marina Hassiuk)
Health and social care in Ukraine: Current state, prospects of development
t.b.a.

Pfeifer, Eric
Music - Nature - Therapy:
Outdoor music therapy and other nature-related approaches in music therapy (Workshop)

Outdoor Music Therapy (OdMT) may not be seen as a music therapeutic approach or school of practice in its own right. It is much more a highly versatile idea or method within music therapy. Moreover, there is a focus on questioning; namely questioning the setting in which (music) therapy happens. As a result of this, the workshop will provide easy techniques, games and interventions in different (nature-based) settings and surroundings.

Everybody is invited to join! Musical skills and knowledge are/is absolutely NOT necessary.

About
Professor for aesthetics and communication with a special emphasis on music at the University of Applied Sciences Freiburg, Germany; music therapist (PhD and M.A. in music therapy), teacher and educationalist (BEd and Dipl.-Päd.; studies in music education and English), musician, prize-winning composer, researcher, practitioner for psychotherapy, author; professional experience in various clinical and non-clinical fields (e.g. child, youth, adult and geriatric psychiatry; neurologic, cardioligic and orthopaedic rehabilitation; migration, inclusion).

Roesler, Christian and Paul Greenman
Implementation of couple interventions in the social welfare and the health care system - international perspectives

Though couple interventions are proven to be important and helpful in many social and health care contexts, there are only few attempts of implementation in selected countries. Paul Greenman will present experiences with systematic couple interventions in Canada. The consequences of this will be discussed regarding future attempts to introduce such programs in Germany and other countries.

About Christian Roesler
Prof. Dr. Dipl.-Psych. Christian Roesler (*1967) is a Professor of Clinical Psychology at the Catholic University of Applied Sciences in Freiburg/D, lecturer of Analytical Psychology at the University of Basel/CH.

Jungian psychoanalyst in private practice in Freiburg and member of the faculty of the C.G. Jung-Institutes in Stuttgart and Zurich.

Specializations in work with couples and families, interpretive research methods. Research and publications on: Analytical Psychology and contemporary sciences, couple counseling, postmodern identity construction, narrative research, media psychology.
Roth, Maria

Participation and empowerment experiences of Roma youth: Results of a European project with Roma youth.

The presentation will show some of the outcomes of applying an empowerment methodology to numerous groups of young people in 9 European countries, working together in the PEER project. Financed by EC Directorate of Justice – Fundamental Rights Agency, the project stimulates youth participation in decision making, as stipulated in the UN Convention of Children’s rights, and is willing to demonstrate the capacity of Roma youth to take action for improving their life prospects.

About

Maria Roth is a professor in Social Work, and a clinical psychologist for children; in the last decade she was the chair of the Social Work Department, in Babes-Bolyai University, Cluj, Romania. She is one of the founders of the social work studies in Romania, working in the Social Work department since 1991. She published several books and articles in the area of child well-being, prevention of violence in schools and families, and the changes in the Romanian child welfare system. She is teaching students at bachelor, master and doctoral level and develops research in the area of Child welfare and Adverse childhood experiences, Domestic violence, Program and service evaluation, Social exclusion, Youth’s transition to young adulthood and Risks and resiliencies in Roma childhood.

Rothem, Hanan


"The troubadour was a composer and performer of songs during the High Middle Ages in Europe. Troubadours played songs in different styles. The term "troubadour" is French adaptation of the Occitan word trobador. For the French linguists, the word “troubadour” derived from Occitan "trobador", literally means "finder", the one who finds. Many troubadours traveled for great distances, aiding in the transmission of trade and news. The texts of troubadour songs deal mainly with themes of chivalry and courtly love. Many songs addressed a married lover, perhaps due to the prevalence of arranged marriages at the time. The troubadours carry with them new challenges and new horizons. In their Mythical Journey, troubadours introduce the healing vibrations of colors and help us find their healing powers. Color is of great significance in our lives. It is around us at all times on its different expressions. Color has the power to evoke feelings and memories and has its own language and imagery. If we use color as energy, it might have the power to soothe, excite, inspire, balance, control, introduce harmony and heal. Color works on the three levels of being: body, mind and spirit. Gimble maintains that light emerged from the darkness, and their dance begot all the colors of the spectrum. When the sun shone after a rainstorm, the rainbow appeared in the sky, shining in colors among the raindrops. When we are in the right place we get to see the rainbow on all its colors. Color therapy is probably one of the most ancient methods of therapy. The troubadours of colors have been aware of the influence that the colors in nature had on people. They spent a good deal of time in nature and breathed its living colors. They also understood that they could heal themselves and others with the help of colors of different symbols and images. The troubadours of colors live in the absolute present without regrets about the past or worries about the future. In this workshop we will be experiencing the very basis of Art therapy: The Healing Powers of Colors in the way the troubadours of colors are doing in our myth. This workshop chooses to rely on studies and research in the domains of education and communications as the participants' personal journey. It will provide the experience of several activities with plastic art on a basic level (experienced by everybody), which does not require any past experience as well as the use of psycho-dramatic tools, guided imagery, music and movement (an inter-modal approach).
About

Expressive Arts Therapist, Esotherapist, Psychotherapist in Jungian Orientation;
Teaches Psychology, Psychodrama & Art Therapy in the Academic Arab College for Education in Israel - Haifa;
Works as a Therapist & conducts workshops & groups for Inter-Personal Development in "Bustan Ba'ir" Institute on Mt. Carmel, Haifa;
Has been involved in "Spiritual Healing" Therapy for many years both in Israel & abroad.

Schirilla, Nausikaa

New aspects of Diversity in Germany - Refugees Welcome!

In 2015 about a million refugees came as asylum seekers to Germany. Germany thus acts according to international agreements and human rights' obligations. On the one hand German civil society welcomes refugees to an extent unknown up to now on the other hand nationalist and extreme right movements are acting against refugees. The contribution reconstructs the events in 2015 and points at challenges for both social work and civil society in this situation.

About

Nausikaa Schirilla studied philosophy, sociology and pedagogy at the universities, Köln, Leeds (GB) and Frankfurt and is professor for social work, migration and cross cultural competence at KH Freiburg.

Schwab, Jürgen E.

Social reality isn't a film – allusions to professional competences for doing work as a social worker and how to learn it

This is about thinking, planning and acting as a social worker. Especially for professionals and those persons, who have just started their professional careers, it is quite important to know some points about a professional habitus and behaviour. They are expected to act professional next to different professions, for instance a layer, a psychologist or a doctor of medicine. Therefore we have a look at a model of attribution for professional competences.

About

Schwab, Jürgen E., born 1961, is Prof. Dr. phil. for Education research and Socialisation at the Cath. University of Applied Sciences Freiburg. As a Social Pedagoge and a Social researcher he worked with young people since 1986. Since 1994 he was a director of an institution for youth work till 2002. He planned also all youth activities at the City of Aschaffenburg till 1998.

Following he taught at the Fachoberschule Marktheidenfeld (1998 – 2002). Since 1998 he is teaching, researching and publishing about Education research and Socialisation with youth topics, civil engagement, and professional competences for social work, film- und media didactics and empirical research methods.
Schwarz, Henriette and Monika Wigger

The diversity of senses in art therapy
(abstract see Wigger)

About Henriette Schwarz
Schwarz, Henriette, Dr. phil., grad. Art Therapist (DFKGT), Hp., ECP
Head of Further Education ‘Art Therapy in Curative Education and Social Education’, Department of Applied Studies, Development and Further Education (IAF) at the Catholic University of Applied Sciences, Freiburg
University Lecturer; Supervisor; many years of experience as head of art therapy at a hospital of behavioural medicine

Sulman, Hanneke

Supporting gender mainstreaming (workshop)

In September 2000 the UN formulated the 8 millennium goals to work on a better world.
Participating governments promised to realize the goals together and before 2015. All the millennium goals can be of great significance (especially MG 3) for all women in the world. The goals were drawn from a sustainable perspective; the novelty of this concept is the awareness that economic, social and environmental problems are closely linked and should therefore be solved together. As in other issues, gender plays a big role in this.

In this workshop some insights in this theme and related strategies will be provided.

Susono, Hitoshi

Digital Storytelling in Japan and Activity Theory

Digital storytelling (DST) is based on constructivism. So Vygotskian activity theory can be applied to digital storytelling, since in the activity theory triangle, “subject” is a learner, and “object” is the learner’s experience or what he/she has learned. Learners can use various digital “tools” (artefacts) such as a digital camera, a computer, and movie-editing software besides words and voice.
At Mie University in Japan, college students have created their digital stories on the various themes “A letter to myself”, “My dream”, “My museum”, and “The thing I want leave in future”. Digital storytelling is also useful for learners who learn Japanese as a second language.

Expansive activity system by Engeström (1987) gives us a helpful hint for understanding the processes used by DST learners in classes. “2-POMME” for Digital Storytelling was proposed to explain DST processes and outcomes. “2-POMME” by using two Engeström’s triangles shows that the two phases “MAKE” and “ENJOY” actualize active and participatory learning.

About
Prof. Hitoshi Susono had been a math middle school teacher in Iga Japan for 15 years. He got interested in how to use computers and LAN in classrooms. The “Basho and Haiku(poem) Database” by his middle students was well-known for collaborative learning in 1990s. In 1997 he became an associate professor to teach pre-service and in-service teachers at Mie University. His majors are digital storytelling and instructional design.
Svoboda, Rudolf

Social work or human rights?

Social work in the Czech Republic today has some specifics resulting from historical development. Its roots can be found in the social government regulations in the period of Josephinism which were strongly influenced by the ideas of so called Catholic Enlightenment: While the Enlightenment brought an emphasis on human and civil rights, Christianity emphasized human dignity. Then social work was influenced by 50 years of communist totalitarianism and regulated by communist government's social policy which did not reflect human rights.

Currently, we can feel a certain tension between these two inherited conceptions of social work practice and education: the dilemma is how to understand social work today - whether just to fulfil social policy or to cultivate social work emphasizing human rights which is in accordance with Christian anthropology.

About

Assoc-Prof. Dr. Rudolf Svoboda (born 1978 in Prague) works on Faculty of Theology, University of South Bohemia.

His main research activities focus on church history, history of theology and history of social work of the 18th and 19th centuries examined in the context of contemporary philosophical and theological movements.

Welsche, Mone

t.b.a.

About

Studied Special Pedagogy at the University Dortmund with a special focus on movement education and movement therapy;

M.A. in Somatic Studies and Laban Analysis (University of Surrey, UK),
Certified Movement Pattern Analysis (UK & USA),

Worked for many years as movement therapist in Child and Adolescent Psychiatry at University Hospital Hamburg.

Ph.D. at the Department of Movement Science University of Hamburg, since 2010 Professor for Developmental Enhancement for Children and Adolescence with a focus on Movement Pedagogy and Physical Education in Special Education and Social Work.
Wigger, Monika and Henriette Schwarz
The diversity of senses in art therapy

We absorb information and stimuli of our surroundings with our sensory organs. Five primary senses are apparent to us: Ears, eyes, nose, mouth and the hands or, more specifically, the skin. The wealth of perceivable acoustic, visual, olfactory, tactile and sensible impressions flowing towards us simultaneously can often not be absorbed in all its complexity. The ability to selectively focus our senses offers our brain a chance to channel and process the impressions. Maybe this is the reason why an individual sensory perception often consults one additional, or even the whole team of senses to verify sensory input. This „teamwork of the senses” is an essential foundation to foster perception and expression holistically. Art therapy with its comprehensive abundance of media and methods is aligned with the richness of sensory awareness.

This workshop offers the possibility to experience nature as a complex, sensual scope of perceptions. We will use aspects of LandART to stimulate the development of your own creative ways to handle natural materials and places of discovery.

About Monika Wigger

Wigger, Monika (DE), Prof. Dr. rer. medic., Diplom Graphic Designer, Art Therapist HP, Professor for Aesthetics and Communication- emphasis on visual arts at the KH Freiburg, co-organizer of Further Education ‘Art Therapy in Curative Education and Social Education’ at the Catholic University of Applied Sciences, Art Therapist at the hospital of neurosurgery at the university hospital Münster, lecturer at the SFU Vienna and Berlin.

Yaniv, Dani

Don’t tell me, show me: the action of narrative and some brain equivalents

Creative arts therapies (CAT) are a major field in mental health care in which arts are used to assist patients and clients overcome various emotional and social challenges. CAT include art therapy, music therapy, dance/movement therapy, psychodrama, drama therapy, poetry therapy, and play therapy.

In psychodrama, clients are assisted to enact situations in individual sessions or, more typically, group settings. Scenes from the past, present or future, imagined or real, are given vivacity and relevance by being portrayed as if they were occurring at the moment. This impromptu action, when properly conducted, offers the opportunity to practise new roles safely, see oneself from outside, gain insight and change. In fact, using action as well as words facilitates any creative exploration and may assist scientists and practitioners in various fields to achieve their intended goals.

I will follow J.L. Moreno's enthusiasm about the physiological basis of sociometry by presenting juxtaposition of fundamental elements in psychodrama and recent findings in brain research. Concepts such as empathy, creativity and spontaneity will be presented vis-a-vis brain dynamics and "positive neurology" models. This approach may assist in explaining the robustness of psychodramatic therapy and also proposes empirical hypotheses regarding brain mechanisms of action methods.

About

Dani Yaniv, Ph.D., is a psychodramatist and a research psychologist. He serves as Head of the MA program in psychodrama and drama therapy, at the Graduate school of creative arts therapies, University of Haifa.

As a clinician, Dr. Yaniv uses mainly psychodramatic tools in humanistic-oriented psychotherapy, in individual and group settings.

His research interests include effects of dramatic action and spontaneity on emotion, empathy and creativity, as well as on neurophysiology.
Please note that the organisers cannot accept liability for accidents, injuries and losses that might occur. The texts for this program have been provided by the different speakers themselves. There was no language editorial. The conference program may be subject to modifications.